

**The MET Student Ministry  
Senior High Camp  
Durango, Colorado  
June 15-21, 2008**

Sunday, June 15

12:30 pm	Check-In @ Truth Student Building
1:00 pm	Load Up
1:30 pm	Depart for Durango, Colorado

Monday, June 16

3:00 – 6:00 pm	Arrive, Orientation, Move In and Group Activities
6:00 – 7:00 pm	Dinner
7:00 – 8:30 pm	Worship Service
8:30 – 10:00 pm	Free Time
10:00 – 11:00 pm	In Rooms
11:00 pm	Lights Out

Tuesday, June 17 – Thursday, June 19

7:00 am	Wake Up and Breakfast
8:00 – 8:30 am	Prepare Lunches
8:30 – 9:00 am	Quiet Time and Morning Devotion
9:00 – 4:00 pm	Activity of the Day
4:00 – 6:00 pm	Free Time, Showers, Etc.
6:00 – 7:00 pm	Dinner
7:00 – 8:30 pm	Worship Service
8:30 – 9:00 pm	Break
9:00 – 9:30 pm	Process Daily Activity with Biblical Life Application
11:00 pm	Lights Out

Friday, June 20

7:00 am	Wake Up and Breakfast
8:00 – 8:30 am	Prepare Lunches
8:30 – 9:00 am	Quiet Time and Morning Devotion
9:00 – 12:00 pm	Activity of the Day
12:00 – 1:00 pm	Lunch
1:00 pm	Load Up
1:30 pm	Head Home

Saturday, June 21

12:00 pm	Arrive @ Truth Student Building
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## Summer To Bring List

Clothes are weather specific. Meaning that if it is cold, bring warm clothes, etc. It is better to bring warm clothes and not need them than to not have them and it will be cold, especially at night. It is fine to hike and rappel in shorts, but you may get a few scratches.

For rafting – A pair of shoes that will get wet (no flip flops), swimsuit, t shirt, shorts...you will get wet.

Rain gear – a cheap poncho is fine

Shoes – We will be hiking so bring boots if you need the ankle support, but tennis shoes are fine. An old pair of shoes is recommended for the river rafting day and there are potential creek crossings on the hike.

Large Water bottle – 32oz. or close to this size

Bible and pen

Small backpack – a book bag is fine. You will need to carry your lunch, water and extra clothes, etc.

Hat for sun protection

Sunscreen

Sunglasses

Camera

Snacks

Money for T-Shirts and other souvenirs

## Not to Bring

Knives

CD Players, MP3 Players, etc.

Fireworks

Firearms

# Camp Check-in Procedures

## Meals

Your student should eat lunch prior to arriving or may bring it with them to eat on the bus. We will stop for dinner, breakfast, and lunch somewhere along the way. Please send enough money with your student to purchase lunch on the way to Durango, Colorado and on the way back to Houston.

## Loading and Unloading

To ensure the safety of our students, please walk your student's luggage over to the buses.

You will need to tag each piece of luggage so that all luggage can be identified easily. Please attach one tag to his/her luggage and one to the sleeping bag or bedroll. Due to limited space, each student will be allowed to bring one suitcase, one bedroll, including pillow, and a SMALL carry-on.

Please unload your student's luggage in the designated area (Girls Luggage and Boys Luggage)

**Transportation assignments will be given out on Sunday, July 15 at check-in. It is important that your student remain on the vehicle that he or she has been assigned to, in order to ensure we are in compliance with insurance regulations.**

## Medicine

Bags have been provided for any medication that is required for your student during camp. Please complete the label on the outside and place the medication inside the bag.

All medications must be in their original container. If the medication is prescribed by a doctor, please be sure the student's name is clearly marked on the container and instructions for dispensing the medication are indicated.

## Emergency Phone Numbers

Your student will be permitted to bring a cell phone; however, we asked that they remain in their rooms. They may make phone calls throughout the day as the schedule permits. Any phones that are brought outside of the room will be confiscated and not returned until we return from camp. This will prevent students from causing disruption during worship, Bible Study and fellowship times.

We will be staying at:

**Coming Soon**

Any emergency calls can be directed to:

**Andy White – 281.253-4734 or Peyton Hughes – 281.543.9684.**

## Assigned Rooms and Roommates

In most cases the students will share a room with a total of eight to ten students. Much thought and prayer has gone into pairing roommates. We have made every attempt to accommodate roommates, as requested by the student. We ask that changes not be made at this time.

## Camp Rules & Guidelines

- 1.Students are expected to participate in all activities including meals, recreation, worship, etc. Please be sure to inform us if your student cannot swim.
- 2.Modesty in clothing. Spaghetti strap shirts are NOT allowed.
- 3.“Dollar Rule” is enforced on all shorts. This means that all shorts cannot be shorter than a dollar’s length (6 inches) from the knee.
- 4.Any damage to the rooms is the responsibility of the students assigned to that room.
- 5.“Lights Out” hours are to be strictly observed.
- 6.No alcohol, tobacco or illegal drugs allowed. No guns, knives or fireworks.
- 7.Cell phones will be permitted at camp; however, they can only be used from INSIDE the room. If the phone is used outside of the room, they will be taken up and returned when we get home on June 21<sup>st</sup>.
- 8.MP3 players, PSP’s , Gameboys and other electronic devises ARE allowed on the bus ride TO and FROM camp and in the rooms only. ANY electronics brought outside of the room will be confiscated. These items will be returned to the parent on June 21<sup>st</sup>.
- 9.No guys in girl’s condos and No girls in guy’s condos.
- 10.No MET Student is allowed in any non-MET condo.
- 11.Absolutely **NO** P.D.A. (Public Display of Affection)
- 12.Any lost key or condo sensor will result in a **\$25** fee per item, paid for by the student.
- 13.There will be NO roommate swapping.
- 14.Non-prescription pain relievers will be available - Please note if your student is allergic to any of these medications.
- 15.Behavior that will get you sent home:  
Vandalism, drugs, alcohol, smoking, sexual content, pornography, weapons, lighters, matches or fireworks.

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**Students disobeying these guidelines or destroying the integrity of The MET Student Ministry WILL BE SENT HOME immediately at the parent’s expense.**

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Student Signature

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Parent Signature

**Print Student’s Name:** \_\_\_\_\_

**Lake Mineral Wells State Park  
Parental Consent**

Parent or Guardian: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Alternate Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Minor Climber: \_\_\_\_\_

Date of Climb: \_\_\_\_\_

To Whom It May Concern:

I am the parent or guardian of the above named minor. I give my permission for him/her to climb and rappel at Lake Mineral Wells State Park and Trailway on the date specified. If there is any problem or question, please call.

\_\_\_\_\_  
Parent or Guardian's Signature

\_\_\_\_\_  
Date

## PARTICIPANT AGREEMENT, RELEASE AND ASSUMPTION OF RISK

In consideration of the services of Compass Wilderness, their agents, owners, officers, volunteers, participants, employees, and all other persons or entities acting in any capacity on their behalf (hereinafter collectively referred to as "CW"), I hereby agree to release, indemnify, and discharge CW, on behalf of myself, my spouse, my children, my parents, my heirs, assigns, personal representatives and estate as follows:

1. I acknowledge that rock climbing, rappelling, camping, hiking and backpacking entails known and unanticipated risks that could result in physical or emotional injury, paralysis, death, or damage to myself, to property, or to third parties. I understand that such risks simply cannot be eliminated without jeopardizing the essential qualities of the activity.

**The risks include, among other things:** the hazards of walking on uneven terrain and slips and falls; being struck by rock fall or other objects dislodged or thrown from above; the use of climbing ropes and equipment; the forces of nature, including lightning and rapid weather changes; the risk of falling off the rock; the risk of exposure to insect bites; the risk of cold including hypothermia; my own physical condition, and the physical exertion associated with this activity.

Furthermore, CW employees have difficult jobs to perform. They seek safety, but they are not infallible. They might be unaware of a participant's fitness or abilities. They might misjudge the weather or other environmental conditions. They may give incomplete warnings or instructions, and the equipment being used might malfunction.

2. I expressly agree and promise to accept and assume all of the risks existing in this activity. My participation in this activity is purely voluntary, and I elect to participate in spite of the risks.
3. I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless CW from any and all claims, demands, or causes of action, which are in any way connected with my participation in this activity or my use of CW's equipment or facilities, **including any such claims which allege negligent acts or omissions of CW.**
4. Should CW or anyone acting on their behalf, be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.
5. I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating, or else I agree to bear the costs of such injury or damage myself. I further certify that I am willing to assume the risk of any medical or physical condition I may have.
6. In the event that I file a lawsuit against CW, I agree to do so solely in the state of Texas, and I further agree that the substantive law of Texas shall apply in that action without regard to the conflict of the law rules of that state. I agree that if any portion of this agreement is found to be void or unenforceable, the remaining document shall remain in full force and effect.

**By signing this document, I acknowledge that if anyone is hurt or property is damaged during my participation in this activity, I may be found by a court of law to have waived my right to maintain a lawsuit against CW on the basis of any claim from which I have released them herein.**

**I have had sufficient opportunity to read this entire document. I have read and understood it, and I agree to be bound by its terms.**

Signature of Participant \_\_\_\_\_ Print Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Date \_\_\_\_\_

### PARENT'S OR GUARDIAN'S ADDITIONAL INDEMNIFICATION (Must be completed for participants under the age of 18)

In consideration of \_\_\_\_\_ (print minor's name) ("Minor") being permitted by CW to participate in its activities and to use its equipment and facilities, I further agree to indemnify and hold harmless CW from any and all claims which are brought by, or on behalf of Minor, and which are in any way connected with such use or participation by Minor.

Parent of Guardian: \_\_\_\_\_ Print Name: \_\_\_\_\_ Date: \_\_\_\_\_